

Memorial Book



In Loving Memory of

Velma Cora Sands

(December 29, 1948 - August 11, 2008)



Death is more universal than life, everyone dies but not everyone lives.

A. Sachs



This memorial website was created to remember our dearest **Velma Cora Miller-Sands** who was born in **Deep Creek, South Andros** on **December 29th, 1948** and passed away on **August 11th, 2008**. You will live forever in our memories and hearts.

VELMA CORA MILLER-SANDS

WAS BORN

Wednesday, December 29th, 1948. As of Monday, August 11th, 2008 Velma was 59 years old and has lived 21,775 days.

The meaning of her name;

Velma- Protector

Cora-Heart, Maiden

Family Name Crest & Motto;

Miller Motto: The best things awaits us in heaven.



Velma's Zodiac Sign;

Capricorn- The sign of the high roller, Capricorn is regarded as the Zodiac's top, but also quiet, life and business achievers. Ambitious, practical, superb organizers and a Workaholic. They have an offbeat sense of humor, their motivating force in life is success, money, status, authority and love. As a friend, Capricorns can be relied upon to provide the strongest and most sympathetic pair of shoulders in the zodiac



Life Pursuit: To be proud of their achievements

Vibration: Powerful resilient energy

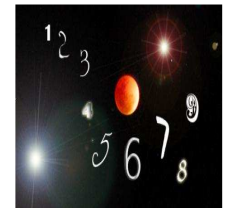
Chinese Zodiac;

The Rat- Rats are both charming and aggressive. They appear calm and well balanced on the surface, but underneath, they are restless and a little nervous. Rats are compatible, hard working, and they know how to hang on to a penny. They are never without admirers. They are very appealing. They have a bright and happy personality, and this keeps them busy socially. They love parties and other large gatherings. They like belonging to exclusive clubs and will often have a close circle of fellow conspirators. They like involvement and are very outgoing. Rats cherish friends and loved ones. For this reason, they often get entangled with others' problems and lives.



Velma's Numerology;

The Characteristics of #9- Humanitarian, giving nature
selflessness, obligations,
creative expression.



Velma Ruling Planet;

Saturn- One of the planets of the solar system, next in magnitude to Jupiter, but more remote from the sun. Its diameter is Seventy thousand miles,

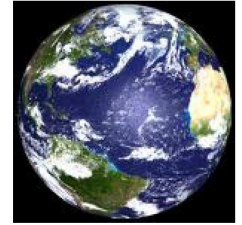


its mean distance from the sun.

Nearly eight hundred and eighty millions of miles, and its Year or periodical revolution round the sun, nearly twenty-Nine years and a half. It is surround by a remarkable System of rings and has eight satellites.

Velma Element;

Earth- The globe or planet which we inhabit; the world, in distinction from the sun, moon, or stars. Also, this world as the dwelling place of mortals, in distinction from the dwelling place of spirits.



Birthstone;

Zircon-

A common mineral occurring in small crystals which is heated, cut, and polished to form a brilliant blue-white gem used as a refractory when opaque and as a gemstone .

When transparent.. They are not man made stones like cubic zirconia are. Although they are frequently color- treated, zircons occur naturally in clear, yellow, orange, brown and red. They are a chief source of zirconium. See Hyacinth.



Birth Color;

Purple Haze- Personal birth color helps you step forward with confidence. Wearing, meditating or surrounding yourself with Purple Haze allows you to join with another person without the fear of losing your individuality.



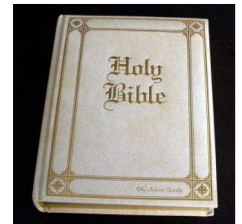
Birth Flower;

Poinsetta- Also known as the Christmas flower. They turn into brilliant red blooms. Symbolizing good cheer and merriment, this December birth flower is a fitting tribute to December's joyful celebrations.



Birthverse;

Mark 12:29- "The most important one," answered Jesus, "is this: 'Hear, O Israel, the Lord our God, the Lord is one.'



Favorite Color;



Sage Green- Grayish to yellowish green

Celebrities born on December 29th;

Mary Tyler Moore- 1936

John Newton- 1965

La Toya London- 1978

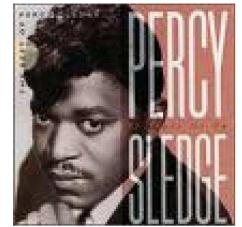
Favorite Singer;

Percy Sledge:

Date of Birth- November 25th 1940, Alabama

First single- "When a Man loves a Woman."

The soul single topped the R&B and pop charts for multiple weeks and made Percy the "golden voice of soul".



Favorite Actor;

Chuck Norris:

Date of Birth- March 10th 1940, Ryan, Oklahoma, USA

Birth Name- Carlos Ray Norris

Nickname- Ground Chuck



Height- 5' 10"

Favorite Television Show;

Texas Walker Ranger

Favorite Athlete;

Ervin Magic Johnson:

Full Name: Earvin Johnson Jr.

Born- 8/14/59 in Lansing, Mich.

Height- 6-9; Weight: 255 lbs.

High School- Everett (Lansing)

College- Michigan State

Drafted by- L.A. Lakers (1979)

Transactions- Retired, 11/7/91; Activated, 1/29/96; Retired, 5/14/96

Nickname- Magic

Honors- Elected to Naismith Memorial Basketball Hall of Fame (2002);

NBA champion (1980, '82, '85, '87, '88); NBA Finals MVP

(1980, '82, '87); NBA MVP (1987, '89, '90); Nine-time All-NBA

First Team (1983-91); All-NBA Second Team (1982); 12-time

All-Star; All-Star MVP (1990, '92); Olympic gold medalist



(1992): One of 50 Greatest Players in NBA History (1996).

Major Events In 1948;

Sri Lanka Gains Independence

Mahatma Gandhi Assassinated

Supreme Court Order to Allow a Black Student to Attend Law School

World Health Organization Established

MAY HER SOUL REST IN PEACE

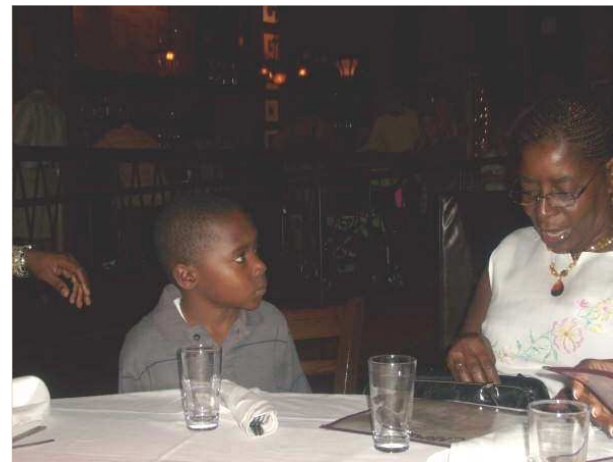
The background is a textured, light brown or beige color. In the upper right quadrant, there are two roses. The one on the left is smaller and more tightly closed, while the one on the right is larger and more open, showing its petals. The roses are rendered in a soft, painterly style, blending into the background.

Gallery Gallery

so sweet, so unforgettable...



go go birthday party 014



S6300516



mommy retirement cruise 004



go go birthday party 015



kathy baby shower 058



S6305852



mommy celebrating with baby sister euthalie



orlando trip 2006 107



homecoming 2006 080



uncle ki ki funeral 2006 072



103_0212



velma sands homecoming 09 015



Velma Sands 013



tribute to mom 001



orlando trip 2006 111



S6300543



Velma Sands 015



S6305795



kathy baby shower 001



v6



go go birthday party 002



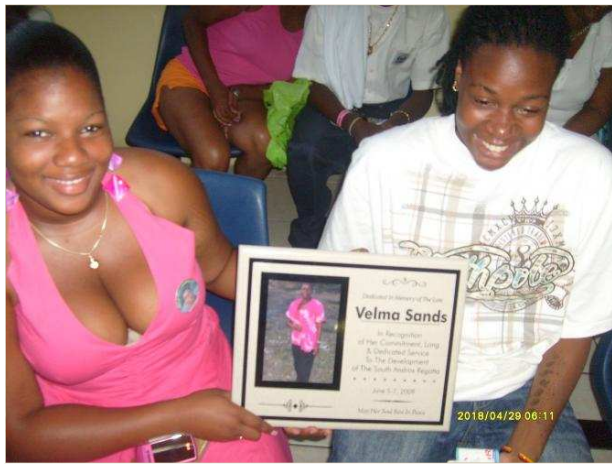
S6304345



mommy retirement cruise 002



uncle ki ki funeral 2006 109



velma sands homecoming 09 140



velma 6



homecoming 2006 085



103_0215



Velma Sands 016



S6300549



mommy retirement cruise 003



uncle ki ki funeral 2006 050



1 grammy velma



kathy baby shower 019



velma sands homecoming 09 137



go go birthday party 001



orlando trip 2006 112



homecoming 2006 062



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S6305794



103_0208



v4



uncle ki ki funeral 2006 051



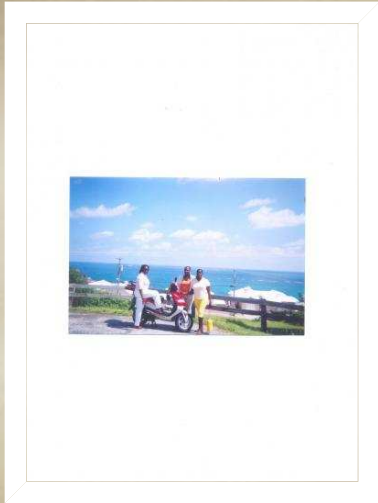
Velma Sands 014



S6300558



homecoming 2006 093



mommy retirement cruise 001



velma sands homecoming 09 147



kathy baby shower 052



Desmond Deon Burrows home going 2008 134



S6304342



shanny 1



velma 19



103_0198



orlando trip 2006 106



go go birthday party 023



v5



orlando trip 2006 068



S6300532



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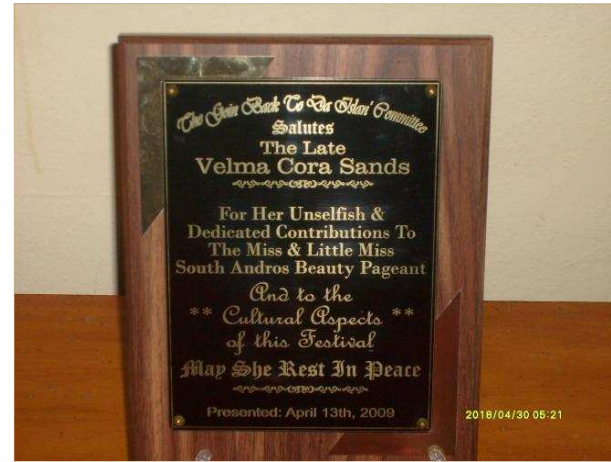
Velma Sands 001



S6305834



homecoming 2006 035



velma sands homecoming 09 144



kathy baby shower 033



uncle ki ki funeral 2006 052



go go birthday party 025



mommy retirement cruise



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velma sands homecoming 09 138



homecoming 2006 092



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mommy retirement cruise 005



go go birthday party 032



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kathy baby shower 043



orlando trip 2006 063



Velma Sands 008



v3



S6300560



uncle ki ki funeral 2006 033



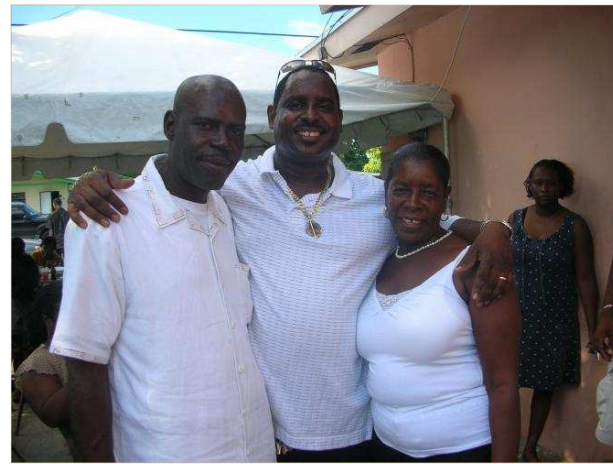
Desmond Deon Burrows home going 2008 135



go go birthday party 031



velma 22



uncle ki ki funeral 2006 023



mommy retirement cruise 006



Velma Sands 009



homecoming 2006 086



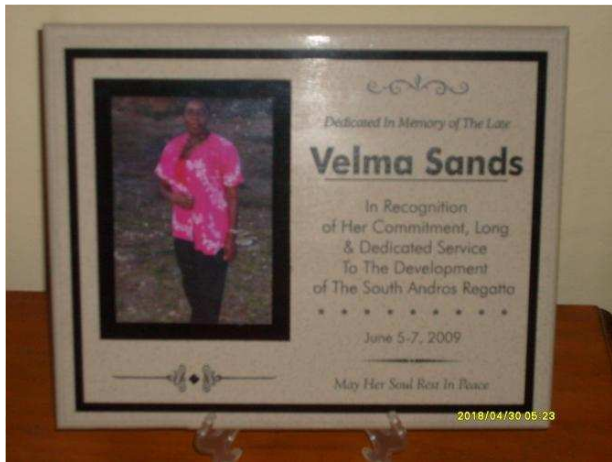
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S6300516



v 2



velma sands homecoming 09 146



uncle ki ki funeral 2006 017



home coming 2008 140



orlando trip 2006 114



Velma Sands 010



mommy retirement cruise 010



velma 17



go go birthday party 030



v2



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Desmond Deon Burrows home going 2008 137



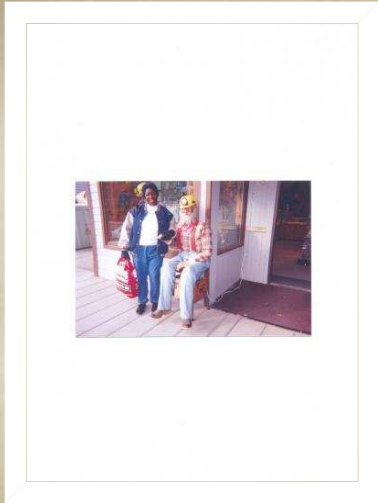
velma sands homecoming 09 139



uncle ki ki funeral 2006 116



velma sands homecoming 09 009



mommy retirement cruise 007



Velma Sands 011



home coming 2008 064



go go birthday party 029



velma 13



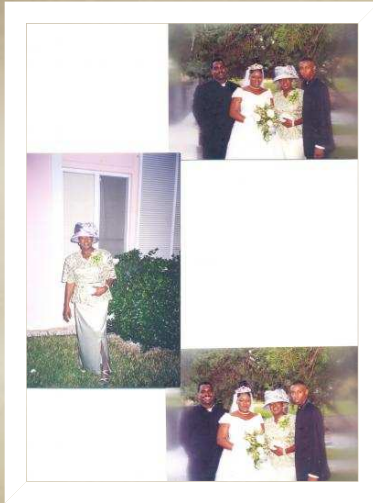
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orlando trip 2006 119



S6305844



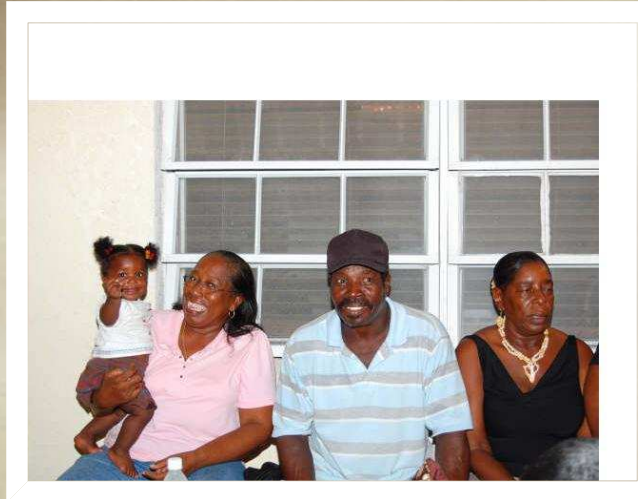
Velma Sands 007



mommy retirement cruise 006



Desmond Deon Burrows home going 2008 133



velma 7



go go birthday party 039



uncle ki ki funeral 2006 112



home coming 2008 043



S6300559



orlando trip 2006 137



velma sands homecoming 09 135



go go birthday party 040



Velma Sands 006



velma sands homecoming 09 136



uncle ki ki funeral 2006 118



Desmond Deon Burrows home going 2008 129



orlando trip 2006 135



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home coming 2008 073



mommy retirement cruise 007



home coming 2008 131



go go birthday party part 2 099



uncle ki ki funeral 2006 119



mommy retirement cruise 008



orlando trip 2006 132



Desmond Deon Burrows home going 2008 108



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Velma Sands 003



S6305862



Velma Sands 002



orlando trip 2006 121



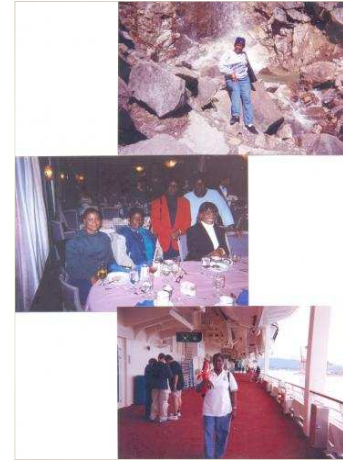
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uncle ki ki funeral 2006 138



go go birthday party part 2 090



mommy retirement cruise 009



homecoming 2006 032



Velma Sands 005



Desmond Deon Burrows home going 2008 111



uncle ki ki funeral 2006 137



orlando trip 2006 127



home coming 2008 142



go go birthday party 117



mommy retirement cruise 008



s512582437_620246_8493



orlando trip 2006 057



go go birthday party 067



velma 9



homecoming 2006 033



Velma Sands 012



uncle ki ki funeral 2006 134



Desmond Deon Burrows home going 2008 144



mommy retirement cruise



uncle ki ki funeral 2006 133



Velma Sands 001



S6305786



mommy retirement cruise 003



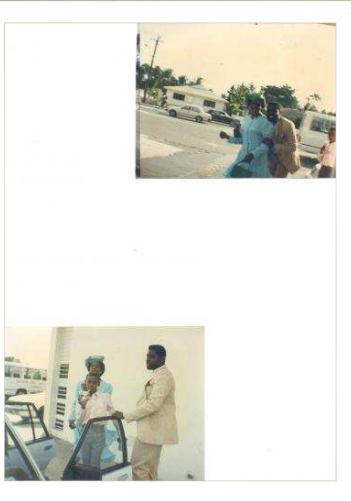
velma 20



orlando trip 2006 053



orlando trip 2006 013



Velma Sands 004



mommy retirement cruise 001



velma 2



Desmond Deon Burrows home going 2008 145



Desmond Deon Burrows home going 2008 157



velma 1



mommy retirement cruise 002



orlando trip 2006 014



S6305843



velma 16



orlando trip 2006 017



velma 3



orlando trip 2006 010



S6305873



velma 15



orlando trip 2006 016



Desmond Deon Burrows home going 2008 149



orlando trip 2006 015



Desmond Deon Burrows home going 2008 151



velma 11



orlando trip 2006 047



velma 21



S6305872



orlando trip 2006 050



velma 10



Desmond Deon Burrows home going 2008 156



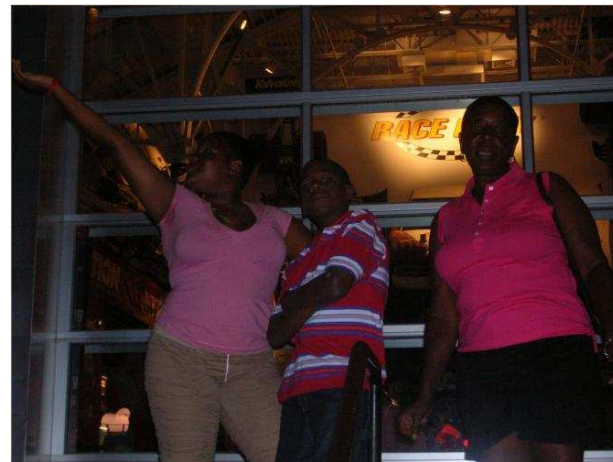
orlando trip 2006 042



velma 14



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orlando trip 2006 037



velma 5



orlando trip 2006 027



orlando trip 2006 028



velma 12



velma 8



s512582437_620242_7482



mona



sister



mom rocks



close up 32



close up 23



Velma Sands 020

You may not be my
flesh and blood but
I love you
like you are
MY daughter!



imikimi.com

adopted



close up 40



close up 18



close up 24



close up 24



clse up 18



willie X mom



close up 25



close up 34



close up 28



close up 26



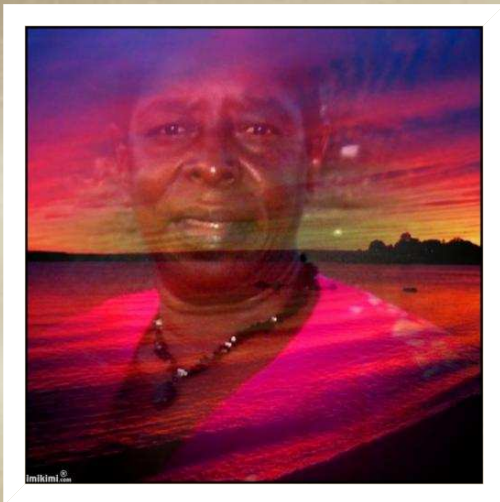
Velma Sands 019



duckey



five



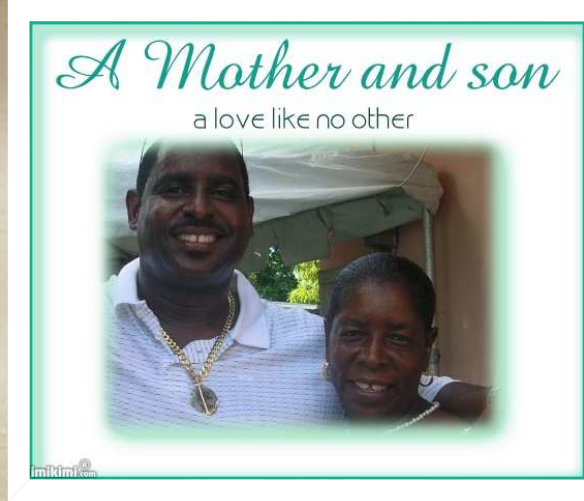
cloud



cj X mom



teardrop



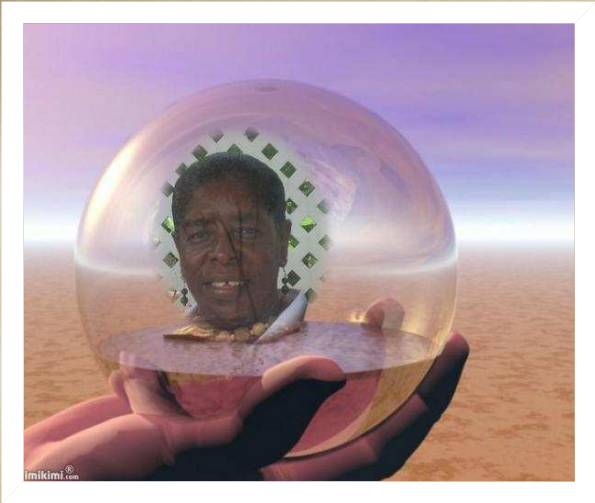
willie



shanny X mom



close up 23



bubble



home renovationX2 049



miss south andros 2008-2009 067



miss south andros 2008-2009 068



miss south andros 2008-2009 057



miss south andros 2008-2009 050



miss south andros 2008-2009 float 082



miss south andros 2008-2009 float 094



home renovationX2 054



renovated room 001



V.S. Treasures 001



V.S. Treasures



V.S. Treasures 002



V.S. Treasures 003



V.S. Treasures 004



SAHMA



miss south andros 2008-2009 float 034



ADDITION 003



ADDITION 002



ADDITION 004



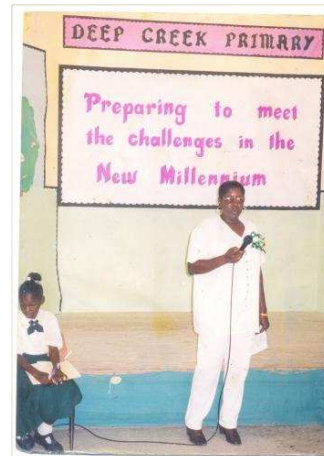
ADDITION 005



Velma Sands 017



ADDITION



ADDITION 001



miss south andros 2008-2009 float 027



miss south andros 2008-2009 float 033



miss south andros 2008-2009 float 013



miss south andros 2008-2009 float 011



miss south andros 2008-2009 float 010



Velma Sands 018

The background is a textured, light brown or beige color. In the upper right quadrant, there are two roses. The one on the left is smaller and more tightly closed, while the one on the right is larger and more open, showing its petals. The roses are rendered in a soft, slightly faded style, blending into the background.

Memorial Candles

our words, your light...

05/09/2010

Mona

*Happy Mother's Day
Mommy, your sweet
memories will linger in my
heart forever. until we meet
again. Your Mona*

04/27/2010

Brett

*You will be missed by one
and all, You may be gone but
never forgotten...*

02/15/2010

Mona

*Happy Valentine "My Love".
xo xoxoxoxoxoxoxoxo*

01/01/2010

Mona

*Happy New Year Mom. I
love you then, now and
forever.*

12/29/2009

Mona

*On this day, God brought
you into this world to be The
World's greatest Mom to me.
Happy Birthday Mommy, I
love you.*

12/29/2009

**Mom to Angel Melissa
Platt**

*I light this candle in memory
of your beloved Velma on
her birthday, God Bless
you...*

12/25/2009

Your one Daughter Mona

*Merry Christmas my Velma.
I love and miss you so much.
you will live in my heart
forever Mommy. Sleep on.*

11/15/2009

**Her one Daughter
"Mona"**

*For my birthday I light this
candle in memory of you. I
miss my B-day phone call
from you. I love you then,
now and always Mommy.*

09/03/2009

**Diane Angel Mom~Katie
Cassidy**

*God Bless each and everyone
of you who love and miss
your precious Velma!!*

09/03/2009

Mona

I love you Mom.

08/26/2009

Her Shanny

*Mommy i just pass by to say
i miss you alot and wish you
was here with us.My mind
was on you alot day.You will
always be with me.*

08/11/2009

**Dessa Smith Joseph's
mom**

*Velma, I light this candle in
your memory holding you
and your family close to my
heart and in my prayers.
God Bless*

08/11/2009

Melissa Eiler (Visitor)

Thinking of you Velma on your Angel Date today. May God forever Bless You & yours.

08/11/2009

Her one Daughter "Mona"

I light this candle on this day, for I have lost "My Mommy, My Precious Mommy". You will live forever in my HEART.

08/10/2009

Renee

I miss the days that mom use to sneak and spend time with me and mona will always find her. That look she always had when time to go

06/21/2009

Her one Daughter "Mona"

Happy Father's Day Mommy. Love Mona.

05/11/2009

Shanny

Happy Mother's day mom A.K.A MOMMY. I wish you was here today so i could hold you in my arms and say i love you.

05/11/2009

cj

Happy mother's day mom. I would like to tell u that in person but u'r gone so this would have to do

05/10/2009

Her only Daughter Mona

I light this candle for "MY MOMMY" on this Mothers day. To my heart Velma. Love you then, now and always.

12/30/2008

Her one and only "Mona"

Mommy holds her children hands for a while, their hearts forever. happy birthday mommy, you will always live on in my heart.

12/25/2008

Her Shanny

Mommy as I sit here to tell you Merry Christmas and that I will always love you.. I really wish you was here with the family

12/25/2008

Her One and Only Daughter

If tears could build a stairway and memories a lane. I'd walk right up to heaven and bring you home again. Merry Xmas Mom

10/30/2008

Kirklyne "Kirkie"

As long as she is in your thoughts she'll always be with you...my heart goes out to you all...may she rest in peace...

09/30/2008

Tammy Williams

Well done thou good and faithful servant!

09/16/2008

Velma Edwards

*Will miss your jokes your
laughter and your
friendship. Gone too soon.
Memories will linger.*

09/16/2008

Toni Lotmore

*Velma's legacy will forever
stay alive through the love
and fond memories that
lingers on in the hearts of
those who love her.*

09/15/2008

kendal

*Dear Aunt Velma I wish you
were still here so we can
spend time together by your
home in andros where we
talk and have fun*

09/15/2008

kj

*It's hard to think that you're
gone but I guess god only
takes the best R.I.P Aunty
Velma*

09/15/2008

kelvin

*Aunty Velma why did you
had to go? you'll be missed*

09/12/2008

ERICA BOWLES

*to the entire family: continue
to lay in gods arms during
this your time of sorrow god
bless you.we love you*

09/12/2008

Anishka Turnquest

*Your mom is not gone, God
just has her in his home
looking over you and your
family.Until you meet again
be strong.*

09/12/2008

Karen Thompson

*Mom Velma had the power
to make happiness a way of
life instead of an occasional
experience.Her soul is
resting in peace...!*

09/11/2008

Your on Daughter Mona

*Today mark a month since
you've left us, LOVE YOU
MOMMY!*

09/11/2008

Danita

*Aunty Velma, It is still hard
to believe that you are gone.
you will never be forgotten.*

09/10/2008

Gevon R. Moss

*Great people never die. Their
stories continue to
strengthen us, now and
forever. As they live on
within us.*

09/10/2008

**Karen Andrews
Demeritte**

*Let the life you live speak for
you, here and beyond may
God's peace be with you til
we meet again.*

09/10/2008

Rashad Davis

Velma will always live on in your heart and when the time is right you will meet again.

09/10/2008

Rashad Davis

In this difficult time remember that God will ease your pain, break your sorrow, and restore your happiness.

09/10/2008

ELENA C. HANNA

My Prayers are with you and your family be strong and remember all the good times and all the memories that you all shared

09/09/2008

Emily Rahming

Velma will live on in my heart. A friend I will always remember. A sister I will never forget. Thank god we met.

09/09/2008

Anishka Hunt

I know the many memories of your mom will reign forever in your heart!! may her soul rest in peace ..

09/09/2008

Camica

The world has lost a wonderful person but heaven has gain a beautiful angel. memories of you will liveforever

09/09/2008

CJ Mommy

Im thinking of U wishing U hope in the midst of sorrow comfort in the midst of pain. May GOD give U strength 2 overcome the pain!

09/09/2008

Nicole Allen

*Gone but never forgotten!!!
Nic kie!!!*

09/09/2008

Francisca "Necy"

Loving and cherished meomories last a life time. As long as they are always with it, we are never really alone. Love always.

09/09/2008

LUEANN OUTTEN

My prayers are with you ane your family. I love you Shemona your friend always. lulu

09/08/2008

Brian

*Gone but never forgotten.
You will be missed.*

09/04/2008

Your one Daughter Mona

Mommy, I thank God for giving you to me and I will always love and remember you forever. My Mother, Sister and best friend.

The background is a textured, mottled olive-green color. In the upper right quadrant, there are two roses. The one on the left is smaller and more tightly closed, while the one on the right is larger and more fully bloomed. The roses are rendered in a soft, painterly style, blending into the background.

Condolences

from the deepest of our hearts...

Tammy Williams

Fondest memories

September 30, 2008

Mona, my deepest sympathy to you and your family on the passing of your mother. You are constantly in my thoughts because I know how much you love your mother and miss her dearly. But Mona, you have so many beautiful memories of your mother and when you have those days when you feel as if you can't go on, just allow those memories to carry you through. Love you always and you will always be in my thoughts. ❤️

Toni Lotmore

God's Grace

September 16, 2008

The prayers and support of my family remain with you during this difficult period. Shemona, you displayed an example that many should follow, of how to love and cherish those who are important to you while they are alive. Just live each day, one at a time, until the tears give way to smiles as you sit and reflect on your memories with Velma. Let her legacy live on through all of you, in all that you do.

May the grace of God, be with you ❤️

Philip Johnson

I know she cooking Crab and dough in Heaven

September 16, 2008

Everyone gets sad and depressed at the passing of a loved one. I guess it was what we were taught to do. I met your mother once and liked her right away. I spoke to her over the telephone on a number of occasions after that and knew that she had a good heart. Let's celebrate the life of a good person knowing that she is in heaven. Let's laugh and tell the funny stories of events and situations that she brought some clarity and substance to. Let's talk about my crabs that she sent from Andros and someone stole from the boat and all she did was to say bless them and sent me another batch. Talk about how creative she was, making items

out of FISH SCALES! FISH SCALES! thats creative. My crab lady is in heaven now. Cooking up a big pot of Crab and Dough for Jesus and his boys. lets Celebrate Ms.Sands hanging out with the saints. 😊

***Elisa-Emily Rahming's
daughter***

Prayer of peace and joy

September 15, 2008

I just wanted to send condolences to the entire family and let you know that my prayers are with you that the Lord will continue to comfort you all and pour His everlasting love on you. I pray that He will also fill you with His joy and peace and will continue to draw each family member close to Him now and forever more. Although I didn't know Velma, I've heard many good and positive things about her through my mom, Emily Rahming. I know she was a wonderful person who's made a positive impact on others for a lifetime.

I leave with you all a favorite text: Psalm 34:17-18 "The righteous cry out, and the LORD hears, And delivers them out of all their troubles. The LORD is near to those who have a broken heart, And saves such as have a contrite spirit." 😊

Karen Marsh

Blessings

September 15, 2008

When I heard of her passing I could not believe it, because the last time I saw her she was so full of life and wore such a radiant smile, My Velma the one who I would always look for whenever I visited South Andros. Heartfelt condolences goes to her family, I would like for you all to know that God only takes the best and she was the **BEST AND ALWAYS WILL BE REMEMBERED** has a Blessing in my life. ❤️

Anishka Turnquest

Don't say good bye yet

September 12, 2008

Are we ever ready to say goodbye to the ones we love when their gone and why should we. Shemona one thing God as always promise us in heaven we will meet again and your mom will be there with open arms. I pray that you and your family stay strong Like your mom the lady that you know her to be. 😊

Karen (KK)

A rosebud to eternity

September 11, 2008

"Mons" What can anyone say at a time like this? My eyes are filled with tears as I write this. I am truly sorry for your loss. My prayers, my thoughts, my heart, go out to you and your family. Mons you must realize that God's plan for Mom Velma has been done here. For the years that I have worked with you it has always been all about your "MOM". I can just see you now getting so excited telling me about the bags and crafts that Mom Velma had made to send to Nassau, even sometimes you would show me photos of her hand made crafts. Those bags that I have purchased I will always cherish. She has touched so many lives. I remember telling Mom Velma one day that she looked like my family. You know Mons over the years she really became my family. Only Mom Velma truly knows the Glory of the Heavenly Kingdom as she has been "promoted" to eternal bliss. " God bless and keep you". ❤️

Gevon R. Moss

Casino Events Manager

September 10, 2008

To the family;

No condolence will fill the void of losing your mother, grandmother, sister, aunt and friend!!

Be inspired by the beatitudes found in the bible. Sometimes these simple words reassure us of what we already know. We sometimes forget, in times like these we must remember:

***Blessed is the pure in heart for they will see God.**

***Blessed is the peacemaker for theirs is the kingdom of heaven.**

Be strengthened and Be encouraged. 😊

DAVE PERALTA

VP, PLAYER DEVELOPMENT

September 10, 2008

Shemona,

My prayers and well wishes go out to you and your family in your time of sorrow.

Please remember that your mother's passing is hardest on those left behind.

Your mother is rejoicing now in God's care after finishing a journey of love, life and happiness on earth. Knowing you it is clear to see that she raised a wonderful family. 😊

Emily Rahming

President, SAHMA

September 9, 2008

William, Mona, Jamal:

Your mom and me were only acquaintances until October 21, 2002 when the South Andros Handicraft and Manufacturer's Association (SAHMA) was formed. We ended up knowing and loving each other as best friends. She was my travel partner to trade shows, to training courses and where ever SAHMA needed representation.

She was kind and loving and a champion in craft and culture.

She will live on in our hearts.

So sleep on Velma take your rest. We will meet at the craft corner near the palm tree in heaven. 'Until then our hearts will go on singing, until then with joy we will carry on, until the day our eyes behold the city, until the day god calls us home. 😞

Avis (Ave)

You're Always with Me

September 9, 2008

Shemona, I cannot even begin to understand, comprehend or visualize what you are going through. My mom and I are very close as well but I wrote these words for you because I know they are also what I will take with me.

Mother you are always with me,
you're the whisper of the leaves
as I walk down the street

You're the smell of bleach
in my kids freshly laundered clothes

You're the cool hands
on our brows when we are not well

you lives inside my laughter.
you're crystalized in my every teardrop

You're the place I came from,
my first home.

you're the map I follow
with every step I take.

You're my first love my first heartbreak....
and nothing on earth can separate us.

Not time, not space
Not even death,
will ever separate you from me

Love you.....

Nishy

Always in my prayers.....

September 9, 2008

NOTHING HURTS MORE THAN THE LOSS OF A MOM.....

Mona:

I am so close to my mom just as you are to yours so therefore your loss has touched every part of me. I will definitely miss all the conversations on the phone I had with her talking about our FNM stories! and you telling me, "Boy Nishy let me call my ma just to tell her I love her and to make sure she is alright." and I would reply, "Mona, I think I am going to do the same right now."

But.....the most important thing is that you were close to her and respected her greatly and did everything with her and loved her.....this, most definitely, will linger in your heart forever and will help you get through the days ahead. ❤️

Love you,

ANISHKA

Marcia

Just Wanted to Say.....

September 9, 2008

One of the hardest things to do is say goodbye to your mother. I haven't had the privilege of meeting Ms. Sands, but based on the MANY MANY stories 'Mona shared with Casino Services I feel confident in saying she was a great woman who impacted her daughter's life greatly, not only as a mother but as her best friend. I know that the bond 'Mona shared with Ms. Sands is much stronger than this physical life can break and I know she will always hold her close to her heart.

I pray that you and your family find solace in all of the good memories that you shared with your Mom over the years and when you think of her you can smile at that fact she lived a wonderful life and impacted all of you in a positive way! 😊

Glennelle

Ft. Lauderdale Family

September 9, 2008

My condolences to you Shemona and to your entire family.


Miss her always, remember all your times, this will help you all make it through.

There are no words to express the loss of a mother, I hope you find joy in your memories of her. 

Rena Woodside

Beautiful Rose Of Sharon


September 9, 2008

I have had the distinct pleasure of knowing Mona's Mom only for a brief moment. During that time, she has always brought sunshine into our hearts and home. People everywhere in life, from every walk of life have given so many things intangible. However, Mom's high spirited, loving and kind personality was very infectious. Mom always had a kind word to say & she made you feel welcomed. Although our meeting was short lived she will surely be missed. Indeed we can count it all joy to have met such a VIRTUOUS and COURAGEOUS WOMAN. Sleep on our dearest Mother! Love Always!! 

Francisca "Necy"

Sending my love.

September 9, 2008

 *Mona.....May peace always dwell within your heart, your mother's love always surround you and remember that you always have a friend in me. I pray for your strength and serenity..*

May you and your family have my deepest condolences. I pray for God's everlasting love in abundance unto you and yours...

Brian

A dove let free

September 8, 2008

I never met Ms. Sands in person but I knew her through her daughter Shemona. I heard her voice many early mornings and late nights. Shemona spoke highly of her mother all the time. Even staff members got to know her through telephone conversations. If you didn't know better you would think that they were sisters. I know if she was anything like her daughter or what she perceived her to be then a sweet woman she was indeed.

Mothers are always missed but never forgotten.

Goodbye but only for now. 

The background is a textured, mottled brownish-gold color. In the upper right quadrant, there are two roses. One is smaller and more tightly closed, while the other is larger and more open, showing its petals. The roses are rendered in a slightly darker shade than the background, giving them a subtle, embossed appearance.

Memories

all the gray you turned into colors...

Your one daughter Mona



the love and memories. To my Mommy on my birthday, thank you for my birthday calls and I will always treasure you in my heart. I LOVE YOU MOMMY AND I MISS YOU SO MUCH.

November 15th at 12 mid-night my phone would ring and on the other end I would hear this sweet and loving voice wishing me "Happy Birthday". And that voice was always you Mommy. I haven't got that special phone call for two birthdays now and because of that my birthday has never felt the same. I miss that call so..... much and I just wish I can turn back the hands of time so I can always get that call and to hear you say "mona don't you go on my account for \$ 50.00 cause I don't have no money." I thought it would of gotten easier as the time pass but it just kept getting harder and harder. I'm glad for all my birthday calls in the pass and I truly believe that I'm still getting my birthday calls not by phone but by

Your One Daughter



6:45am to tell you I was leaving, you're had already start to nod back to sleep so I call out to you and said I'm leaving for work and I'm going to forfeit my lunch and get off at 3:00pm so we can have the rest of the day to

On this day in 2008. I woke up at 5:30am took a shower, brush my teeth and proceeded to get ready for work. At 6:00am your room door opened and I saw you head to the bathroom. At 6:03am you came into my room in your green and white alligator jammies and crawled in the back of my bed. We talked for a while and then you smiled, I asked you what you were smiling about but you never answered me so I continued to get dress. When I looked back at

hang and catch up on the latest. You replied OK. I arrived to work at 7:15am, gone into the cafeteria for breakfast and by 7:40am I was in the office preparing to start my shift at 8am. My staff Clifford arrived at 7:55am, I briefed him and I began the shift. Around 9:00am you ran across my mind so I called. C.J. answered the phone, I asked him what he was doing home. He replied, "I came home to see Mom". I told him to let me speak to you. You came to the phone and I asked you what you were doing, you said you were watching the Olympics. I then asked you to call the Tile man and ask when he will be coming to tile the house you replied OK. At 9:10am my phone rang I said to you I'll call you back and we hung up. Then at 9:20am my phone rang again, I answered and there was a person screaming on the other line. I couldn't understand what the person was saying so I said hello twice until I heard the person said "Mommy". Right then realized the person was Shanny so I told her to calm down and tell me what happen. That's when I heard those two words. "MOM DEAD". At that moment I collapsed and cried out NO.....

At 9:30am Gevon helped me outside to wait on security to take me home. While on the way I remember saying to Ms. "C" who accompanied me "Mommy isn't dead she just had an accident and the children panic, I just talk to her this morning and she was fine." It felt like forever getting there. At 10:15am I arrived home to see all my neighbors and the paramedics congregating in the yard and through the house. I rush inside, went straight into my room. And there you were in my bed in your green and white alligator jammies just where I left you this morning. I went over to you with tears in my eyes and looked into your face and right then I knew you had left me. But the paramedics kept saying she isn't gone yet and so I said to you "Mommy you are a fighter, you have to fight this." But deep down I knew you had lost this battle.

They rolled you into the ambulance and we took off to the hospital. On the way I kept saying "Lord if you have to take her, take her, but please give me one more day to say goodbye." At 11:00am we arrived at the accident

and emergency. The Nurses and Doctors took over and ask us to wait in the family room. By 11:30am the family were all there waiting. At 12:00pm the Doctor came into the room and said to us "we tried to revive your Mother but there was no response. At that moment my whole world crumbled from underneath me. I asked to see you, she took us in this room and there you were lying on the bed with a sheet half way on you. I came over and I rubbed you from head to toe then I laid my head on your stomach and fell asleep for a moment for how soft you were. When I woke up I thought it was all a dream until I heard the cries around me and that's when I knew it was all so REAL.

This day I will never forget as long as I live. I've lost "My Mommy, My Precious Mommy". Your plans were to come to Nassau and spent two weeks, but God had other plans. He brought you to say "GOODBYE" allowed me to tell you "I LOVE YOU" and for you to get my phone call that you got so accustomed to for the last time.

No more rubbing your skin, sleeping with you and when you snore I poke you to tell you stop snoring then you would tell me to get out your room, calling you everyday sometimes three times a day, going Miami shopping, our yearly vacation, your down home cooking, asking you where you've been, sucking my teeth when it's time to do boat deliveries, getting your call on my birthday, asking you for my birthday \$50.00 and to hear you say you don't have it, denying when you ask me if I been on your account, playing sleep when you ask me to go with you on your runs when I just got off at 1am, crying when you were lost at sea and mad with you when you were found and was OK, scared when we thought you were having a heart attack in Miami, calling you for advise and to hear your comforting words, when reaching home from the club around 4am waking you up to tell you what happen, having our night time coffee in Andros, accusing each other of stealing one another stuff, calling by Renee from work asking you what you

doing there and accusing Nee of being a Mommy thief, kicking my friends to the curb whenever you're in town, fighting for the passenger seat cause neither of us wants to drive, getting mad with each other on the phone and before hanging up we say "I love you", telling me to stop calling before you call Sol Kerzner for me, pimping on Ducky and Willie, Telling you everybody business, calling to say "HOT GOSSIP", getting mad when you pick me up late from work, you pimping on Shanny and C.J. and to find out later you were a part of it, allowing people to get over you and calling me to be the bully, eating all your shop candies, going with you on your lunch run and I can go on and on and on because we've shared so much things and that's what makes this journey so hard. But I thank God, for allowing us to share these things and more. And for bringing you home to say "GOODBYE".

May you sleep on until that day we shall meet again to share forever.

WITH ALL MY LOVE, I GIVE GOD THANKS FOR BLESSING ME WITH SUCH A MOTHER LIKE YOU.

**Your One and Only Daughter, Pest, Cross and Bully
"MONA"**

LOVE YOU FOREVER MOM

Her only Daughter Mona



One day a Mother died and on that clear, cold morning in the warmth of her bedroom the daughter was struck with the pain of learning that sometimes there isn't anymore.

No more hugs,

No more moments to celebrate together,

No more phone calls just to chat,

No more "just a minute"

Most of all the other beautiful things in life, come by twos and threes, by dozens and hundreds;

Plenty of

Roses,

Stars,

Sunsets,


Rainbows,

Brothers,

Sisters,

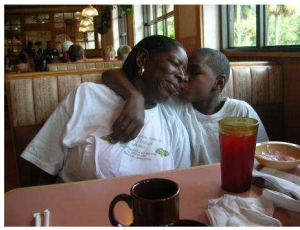
Aunts and cousins

But only one Mother in the whole world.

Until we meet again to have those moments together, to hug, to celebrate and to chat. I will always love you Mommy. 

HAPPY MOTHERS DAY MOM.

Her Partner in Crime C.J.



After being by my Daddy for three weeks I caught the bus for the first time in my life. I had to ask my Aunty Dawn what bus route number I had to catch to get home. I reach home about 8:00am and you answered the door. You asked me what I was doing there and I said I came home to see you. So I hugged you and followed you into the yard. I was telling you about my new job and we came inside. You went into the bathroom and I followed you there also continuing to tell you about my job. You asked me if I liked it and I told you yes and I hugged you for the last time. We went into Mommy 's room and watched the Olympics. After mommy called I went into the other room to Shanny. And that was the last time I had to tell you about my day. For 14yrs we did alot of stuff together like craft work , fishing even though I never liked it but I enjoyed it with you, Farming and trying to kill Shanny's cats. I will always love, remember and treasure you for the rest of my life MOM.

SLEEP ON MOM AND TAKE YOUR REST I LOVE YOU THEN, NOW AND ALWAYS BUT GOD LOVES YOU BEST.





12/29/08 Birthday Tribute to Mommy



Velma Sands is a woman known to many, and had many different roles in her life. She is sister, daughter, care giver, grandmother, Cousin, friend, adopted mother, aunt and for me, I had the blessing of being able to call her 'Mom'. She raised three children into adulthood, single handedly, and she did it well. Her love was boundless and her energy unmatched. She was a source of inspiration to more people than she will ever know. The three of us siblings have all received our education and are independent and self-supporting; our mother expected nothing less, and we did our best to make her proud. Mommy encouraged and supported us in every sense of the word.

Therefore we are able to take our place in the world, be independent, and it is a source of accomplishment for mommy that we, in spite of all our family have endured, we are successful people. Mommy worked hard, led a good life, and was a strong woman, with the ability to handle the upsets and problems that life presents to us. She were raising her family, sharing the load, loving each and every one of us, and life was good. Mom had to be the tower of strength for us all in the past weeks, months and years. She did it, and she did it well. She was, and still is, a tribute to womanhood and to motherhood. Our Mother was a rock, and an anchor in our storm. She moved to Andros in 1997 where she lived life to the fullest got in problems, but she lived life. She made a difference in Andros and left a void that can never be filled. Mom you come in and out of our lives and leave footprints and memories engraved on our hearts forever. Her courage in the face of adversity, and her inner strength was truly a blessing to us all.

She is a shining gem to each of us. She cast a gift into our hearts that would be as giving as a gift from the angels. We appreciate the love she have shown to each of us, Her devotion and determination to keep our family together, and last but not least, the way she have cared for us all those years. She was indeed a true 'woman of heart', a woman with great faith, and a wonderful role model to many. We love you Mom, more than you know, and we will continue to love you, forever--plus one day! 

Friends and Family today is a special day. Today marks the day when Velma Cora Sands was given to The Late Edna Louise Rolle and Fred Emmanuel Miller from God. This day Mommy shared with her children, grandchildren, sisters, brothers, cousins, nieces, nephews, adopted children and friends. And we the family would love to continue this tradition. And so today we are here to pay that tribute to this "Great Woman." The late Velma Cora Sands. 

HAPPY BIRTHDAY MOMMY.

kathy



always love & miss
you.
sista Kathy. ❤️

The last time we talked you was cheering me up. It was Desmond's funeral, you said he wouldn't want to see me sad then we laughed and that was a real eye opener for me. If I had known that you were going to leave so soon I would have held you so tight it might have been the end of us both. You always told me you didn't want to be a burden on your kids. What you didn't realize I was one of your kids too. But I still had to keep the secret 😊. When mommy couldn't do any better you stepped in with no problem and I will

your loving baby

Natalia Bianca Adderley



From Your Kids

Grammy Velma;
You Helped Me When You Could
Though I wasn't There For You
I love You So Much
Dont Know Why You Had To Go
Going To Miss You
Forever And Always
We Just Know You Looking Down On Us
Hope You Never Hurt Again
Love You Forever Always

To There Kids
Your Brothers And Sisters
We Love You ❤️
Forever And Always
And May You
Rest In Peace

Your one Daughter Mona



Mommy, on Saturday, August 9th, I called you just to have our regular Mother and Daughter phone talk when you told me you were coming on Sunday, August 10th, on the boat and you were bringing your bus, I asked you why? The only excuse you could have come up with was you didn't want to be bothered in picking me up from work at night. 🙄 I said to you, that was the dumbest excuse you have ever come up with. But any how, as long as you came it really didn't matter what you brought.

You arrived at 5p.m. on Sunday, August 10th, and sure enough you brought your bus. All I did was shake my head and say, " you really is something else." 🤔 That night I gave you a gift I had bought for you from two weeks ago, you asked me what it was for? I answered "Just to say thank you and that I loved you." ❤️ Little that I knew it would have been the last time I would have had to appreciate you.

You were my strength, my advisor, my comforter, my foundation, my provider, my sister and my best friend. With you "**Mommy**" I could have conquered the world. My heart is broken but yet it celebrates, for the thirty-two years (32) sweet good years God had loan you to me, ❤️ I celebrates for the seventeen (17) sweet good years he had loan you to my daughter ❤️ and fourteen (14) sweet good years he had loan you to my son. ❤️ Most of all that he had allowed us to be old enough for when you would have left us, we would have had good memories to remember you for the rest of our lives. And I thank God for that.

I now can cry with joy in my heart for I have given you your flowers while you were alive and now I can grieve in peace for I know you're now with Grandma, Aunty Norma and Olga, Uncle Kinki and Desmond.

❤️ Sleep on " Mum" for I've said my good-byes on the night of August 10th and now I can truly say, "All is well." 🙏

"To my Mother, Sister and Best friend you will be in my heart forever." ❤️

The background is a textured, mottled olive-green color. In the upper right quadrant, there are two roses. The one on the left is smaller and more tightly closed, while the one on the right is larger and more open, showing its petals. The roses are rendered in a slightly darker shade of the background color, giving them a subtle, embossed appearance.

Life Story

every hour, every thought, every smile...

December 29, 1948

Born in Deep Creek Andros on December 29, 1948.

December 29, 1948



On the 29th day of December 1948, a beautiful bay girl was born to Edna Louise Rolle and Fred Emmanuel Miller of South Andros. She was christened "Velma Cora Sands". She was affectionately called "Aunty Velma, Velly" and "Mum" by friends and family. ❤️

Velma was the oldest and strongest of all her sidlings. She was a free spirited, kind hearted, energetic and loving provider. She was also a friend and a sister to many. Most importantly though, she was the World Greatest Mom. 😊

Velma received her education at Deep Creek All-age School in South Andros. After completion she worked in numerous establishment including Keith's Chicken Shack and Batelco (BTC). She relocated back home to Andros in 1994 where she continued to work for Batelco (BTC) until her retirement in 1998.

Upon her retirement, she pursued her life-long dream to become an entrepreneur. Being a family oriented person, she named her business and boat after her children and grandchildren. she started with a car rental (NASCOV) business and a convience store (TIA'S) in Deep Creek, South Andros. She further went on and opened up (SHEWILLS) fast food Take Away. Being an industrious person, she expanded her interests to include manufacturing Bahamian Arts and Crafts specializing in Straw Works, Pottery and Jewellery Craft.

Mum believed in passing her knowledge to the younger generation and took a hands on approach in keeping the dream alive. She made a number significant contribution to the South Andros Community, where she passed on her knowledge in Bahamian Arts and Crafts creation to the youths of the community. She was also an active member of the Home-coming Commitee, Columbo Sailing Club, SAHMA and the Deep Creek Association.

She was an avid fish woman even though she couldn't swim. 🐼 She loved the sea and always invited persons to go out on (DUCKY) her boat with her. 😎 She was the undefeated champion in the Annual Coconut Fest Straw Plaiting Competition. She also enjoy crabbing and farming.

On Sunday August 10th, 2008 Mum came to Nassau on a visit bringing her bus with her and all of the crab she had in her pen. 💡 She spent the day with friends and family and ended with building a home for her crabs with her children and granddaughter. On August 11th, 2008 at approximately 9:30am, while at home, God called her from her labor to her reward. 🙏❤️

left to cherish her memories are **one daughter:** Shemona Johnson;❤️ **two sons:** William Adderley and Jamal Munnings;❤️ **Five Grandchildren:** Ashley, Shantia, Oneshia, Natalia, Chino, Brice and Bill;❤️ **nine sister:** Katherine, Sharon, Janet, Joycelyn, Carolyn, Euthalie, Maxine, Antoinette and Jacquelyn;❤️ **six brothers:** Tyrone, James, Glen, Ambrose, Luther and Cedric;❤️ **one daughter-in-law:** Natasha adderley;❤️ **two brother-in-law:** James and Glen;❤️ **one uncle:** Theophilus;❤️ **three aunt:** Drucilla, Rosenell and Menencia;❤️ **six sister-in-law:** Sheila, Linda, Desrina, Valerie, Donelle and Natalie;❤️ **adopted mother:** Eliza;❤️ **nine adopted children:** Hubell, Shannon, Renee, Zante, Tisha, Renae, Owen, Wilfred and Alfred❤️. And a host of other friends and relatives.

She will always be loved by all.❤️

August 11, 2008

Passed away on **August 11, 2008** at the age of **59**.

Our Deepest Sympathy

www.last-memories.com